



# FOOD FACTS, NOT FICTION

## WEBINAR

*Nutrition Myths, SNAP Truths, and the Changing Food Pyramid*

**Free Community Webinar - Moderated Panel Discussion**

Join us for an engaging discussion that breaks down myths about **nutrition** and **SNAP** benefits. Learn how nutrition guidance has evolved and get the **facts** about what SNAP covers, who it serves and **new requirements**.



### What You'll Learn:

- ✓ The evolution of nutrition guidelines
- ✓ SNAP myths vs. facts
- ✓ New SNAP requirements & trusted resources
- ✓ Community Perspectives

### Event Details:



May 6, 2026



12:00pm-1:00pm



Microsoft Teams Meeting

### FEATURED PANELISTS

- **Kelly Cantrelle**, Deputy Administrator, DSS
- **David Barragan**, Nutritionist, SNHD
- **Tameka Henry**, Executive Director, Obodo Collective
- **Dr. Sabina Malik**, Chair, S NV Food Council

### MODERATOR

- **Sarah Rogers**, Nutrition Unit Deputy Chief, DPBH

To join the webinar scan the QR code or use the link below



<https://bit.ly/4tjc54J>

Hosted by : **Nevada Office of Minority Health and Equity (NOMHE)**



<https://www.dhs.nv.gov/Programs/omhe/>